

CLUTTER QUESTIONNAIRE

These questions are mean to help give you a realistic view of the current clutter situation of your home. There are no right or wrong answers.

Print off a copy of the questionnaire and take time to walk through your home as you work at answering the questions.

SECTION 1: YOUR HOME

- 1) How many rooms are in your home?

- 2) How many closets are in your home?

- 3) How many storage areas do you have (storage room/closet, basement, attic, garage, etc)?

- 4) Do you rent storage space outside your home?

SECTION 2: THE CLUTTER

1) On a scale of 1 to 10 (with 1 being very little and 10 being an overwhelming amount) rate the current clutter status of each area of your home.

Entryway	1 - - - - - 5 - - - - - 10
Kitchen	1 - - - - - 5 - - - - - 10
Pantry	1 - - - - - 5 - - - - - 10
Dinning room	1 - - - - - 5 - - - - - 10
Living room	1 - - - - - 5 - - - - - 10
Bathroom 1	1 - - - - - 5 - - - - - 10
Bathroom 2	1 - - - - - 5 - - - - - 10
Office/Study	1 - - - - - 5 - - - - - 10
Bedroom 1	1 - - - - - 5 - - - - - 10
Wardrobe/Closet	1 - - - - - 5 - - - - - 10
Bedroom 2	1 - - - - - 5 - - - - - 10
Wardrobe/Closet	1 - - - - - 5 - - - - - 10
Bedroom 3	1 - - - - - 5 - - - - - 10
Wardrobe/Closet	1 - - - - - 5 - - - - - 10
Store room	1 - - - - - 5 - - - - - 10
Basement	1 - - - - - 5 - - - - - 10
Attic	1 - - - - - 5 - - - - - 10
Garage	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10
_____	1 - - - - - 5 - - - - - 10

2) Overall, on a scale of 1 to 10 (with 1 being happy and 10 being very unhappy) rate how you feel about the current clutter situation in your home.

1 - - - - - 5 - - - - - 10

3) What would you say are the top 5 areas you would most like to see uncluttered?

SECTION #3: YOUR HOUSEHOLD

1) How many people are in the house and what are their ages?

2) Are they Messy? Tidy? Helpful? Note down a little about each person you live with:

3) On a scale of 1 to 10 (with 1 being very few and 10 being an overwhelming amount) how many toys do your kids have?

1 - - - - - 5 - - - - - 10

4) Is there enough room to store the toys?

5) On a scale of 1 to 10 (with 1 being very few and 10 being an overwhelming amount) how many clothes do your kids have?

1 - - - - - 5 - - - - - 10

6) On a scale of 1 to 10 (with 1 being very few and 10 being an overwhelming amount) how many clothes do you have in your closet and drawers?

1 - - - - - 5 - - - - - 10

7) On a scale of 1 to 10 (with 1 being very few and 10 being an overwhelming amount) how much paper clutter is in your home?

1 - - - - - 5 - - - - - 10

8) Are you or your spouse pack-rats?

9) Do you, or your spouse, have a hard time getting rid of sentimental things?

10) Is your spouse open to the idea of de-cluttering?

11) Write out 5 specific goals you would like to work towards for de-cluttering your home:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

12) Write out 5 resolutions of things your family can do to prevent more clutter in the future:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____