

Reflections for Lent and Easter

Lent is a season of 40 days, not counting Sundays. It begins on Ash Wednesday and ends on Holy Saturday (the day before Easter).

The Sundays in Lent are not counted as a part of the 40 days because each Sunday represents a “mini-Easter” that allows the reverent spirit of Lent to be sprinkled with joyful anticipation of the Resurrection.

It is a common practice in the church to observe the days of Lent in solemn reflection. But this particular study is designed to go a step further than that. This study leads you through reflections for Lent, Easter, and the events that followed Christ’s resurrection.

This study is designed to take two whole months (a total of sixty-one days) for reflecting on the events of Holy Week and the resurrection of our Lord. It is also designed to be done as a Scripture Writing study, as described below.

The Scripture Writing Method

The Scripture Writing method is very simple. Each day you are given a scripture passage to read, write, and ponder. The “writing” is a key feature to this method, as writing things out is one of the best ways to form a complete thought and to stay focused amidst any distractions around you.

It only takes a few minutes to write out the passages of scripture. When you’re finished writing out the Scripture passage for the day we would encourage you to go a step further and write out your thoughts or observations, or to journal a little with regards to what you sense the Spirit teaching you or convicting you of in the moment. We would also encourage you to write out prayers before and/or after your study times. You might also consider posting the verses you wrote out up on a wall in your home to encourage further reflection throughout the day.

We hope that this study will be a great blessing to you as we enter the season of Lent and enter into the joyous celebration of Easter!

Remember: Ash Wednesday starts March 1st, so print off your copy of the outline below and be ready to start when Lent begins!

Reflections for Lent and Easter

“The message of Easter is not that Jesus is alive, it is so much more. The message of Easter is that Jesus has risen.”
– Colin Smith –

March 1	Joel 2:12-16	April 1	Mark 15:16-20
March 2	Psalm 51:1-7	April 2	Mark 15:20-21
March 3	Isaiah 40:1-4	April 3	Luke 23:33-34
March 4	Isaiah 25:8-9	April 4	Matthew 27:35-37
March 5	John 12:12-15	April 5	Matthew 27:39-44
March 6	John 12:23-26	April 6	Luke 23:39-43
March 7	John 12:27-33	April 7	John 19:26-27
March 8	Mark 14:1-2, 10-11	April 8	John 3:14-18
March 9	John 13:1-5, 12-15	April 9	Matthew 27:45-49
March 10	Luke 22:14-22	April 10	Psalm 22:1-8, 16-18
March 11	Matthew 26:30-35	April 11	John 19:28-30
March 12	John 16:32-33	April 12	Luke 23:44-46
March 13	John 17:1-3, 18-22	April 13	Matthew 27:50-54
March 14	Matthew 26:36-41	April 14	Isaiah 53:2-6
March 15	Matthew 26:45-50	April 15	Mark 15:42-46
March 16	John 18:28-31	April 16	Matthew 28:1-10
March 17	John 18:15-18	April 17	John 20:1-10
March 18	Luke 22:55-62	April 18	John 20:11-18
March 19	Matthew 27:1-5	April 19	Matthew 28:11-15
March 20	John 18:19-23	April 20	Luke 24:13-16, 28-31
March 21	Luke 23:1-7	April 21	John 20:19-23
March 22	Luke 23:8-12	April 22	John 20:24-29
March 23	Luke 23:13-21	April 23	1 Corinthians 15:1-8
March 24	Mark 15:1-5	April 24	Acts 1:6-11
March 25	John 18:33-38	April 25	1 Corinthians 1:25-30
March 26	Matthew 27:15-19	April 26	John 11:21-27
March 27	Mark 15:12-14	April 27	1 Corinthians 15:20-26
March 28	John 19:9-12	April 28	Philippians 3:7-11
March 29	John 19:14-15	April 29	1 Corinthians 15:54-58
March 30	Matthew 27:24-26	April 30	Revelation 1:10-18
March 31	Luke 23:22-25		